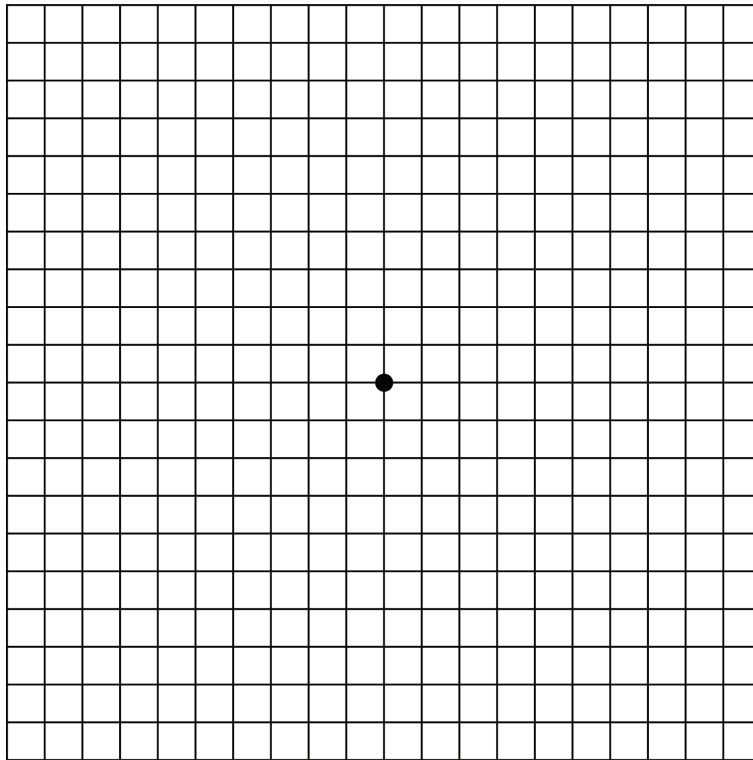


Amsler Grid

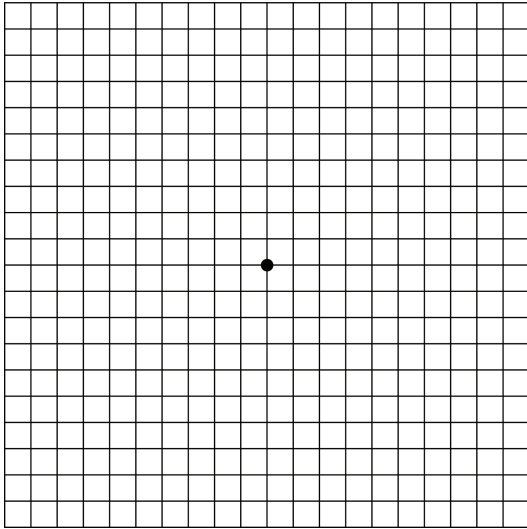


Example

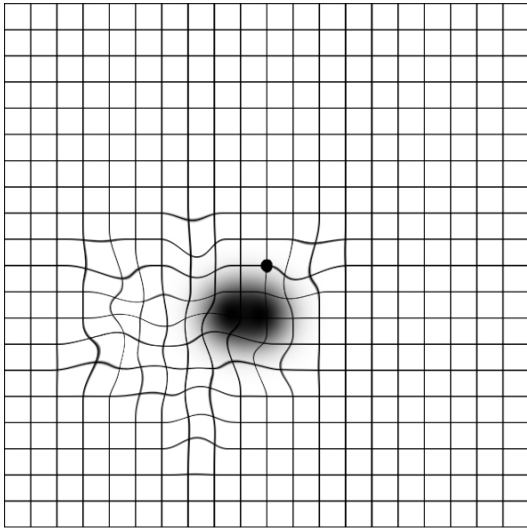
Instructions to how to use an Amsler grid:

1. Find a well-lit area and place the grid about 33 cm (13 inches) away from your eye.
2. If you wear reading glasses, put them on while using the Amsler grid.
3. Close one eye and focus your open eye on the central dot of the grid. Make sure your eye is in the center of the grid so you can see all four corners at once.
4. While looking at the central dot, carefully observe the lines on the grid. Pay attention and note down any areas where the lines look distorted or where the small squares are missing or have dark patches.
5. Repeat for the other eye.

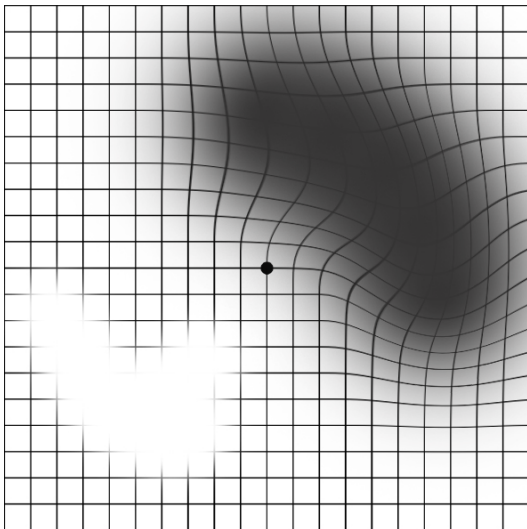
**IMPORTANT: TESTING WITH AMSLER GRID DOES NOT REPLACE
REGULAR EYE EXAMS**



Normal



**Some impaired vision
below the center of focus
with surrounding distortion**

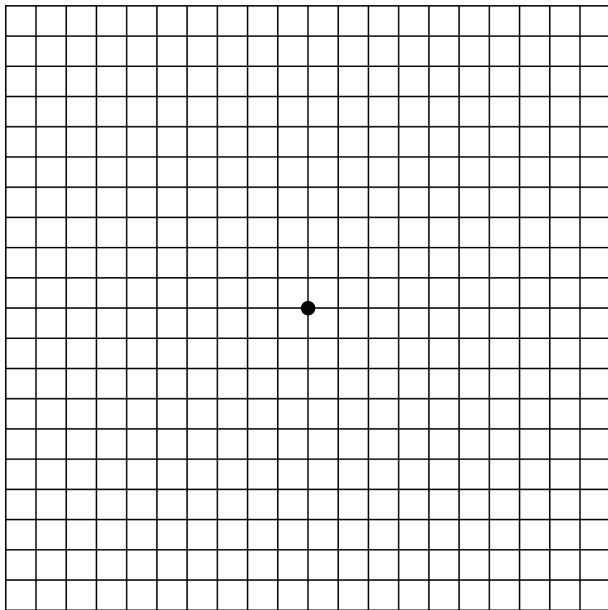


**Areas of impaired vision (missing
squares or patches) with some
vision distortion**

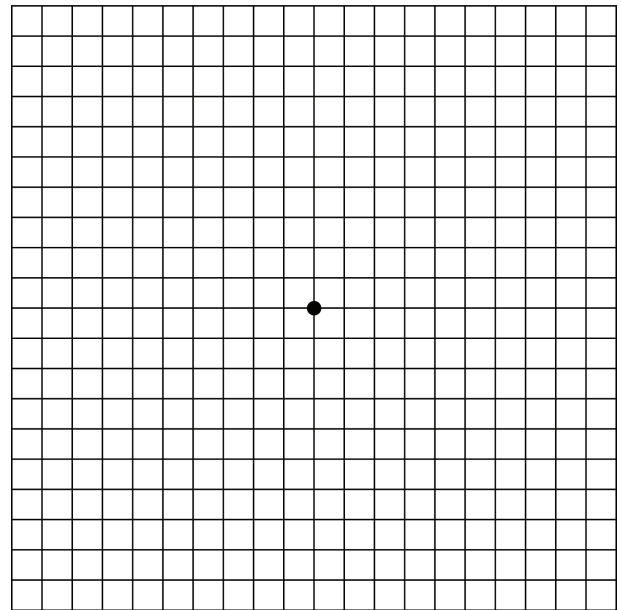
Amsler Grid Recording Sheet

Date: _____

Mark areas where the lines look distorted or where the small squares are missing or have dark patch.



Left eye



Right eye

**IMPORTANT: TESTING WITH AMSLER GRID DOES NOT REPLACE
REGULAR EYE EXAMS**